

MARY RICE CENTRE FOR SPECIAL EDUCATION
Lady Veronica Lane, Laitumkhrach, Shillong, Meghalaya - 793003.
ANNUAL REPORT
2013



A Unit of the Society for the Welfare of the Disabled, **Mary Rice Centre for Special Education** is a **non-profit**, secular organization which has been catering to the needs of children and young adults with disability, and their families since 1989.

ORGANISATION INFORMATION

1. Name of the Organization:

MARY RICE CENTRE FOR SPECIAL EDUCATION

(A UNIT OF THE SOCIETY FOR THE WELFARE OF THE DISABLED)

2. Contact Person: Suparna Barua (Headmistress)

Mary Rice Centre for Special Education, Lady Veronica Lane, Laitumkhrach, Shillong, Meghalaya, India. PIN - 793003.

Phone - 0364-2210630, 919774010630

Email- maryrice1989@yahoo.com

Find us on Facebook as Mary Rice Centre for Special Education.

3. Registration details:-

Registered under the Meghalaya Societies Registration Act XII of 1983 No.

SR/TSFTWOTD-255/90 of 1990.

4. FCRA Registration Number : 214250083 of 2003.

5. Background information about the organization

Mary Rice Centre for Special Education started offering services to persons with disability as early as 1989, when such services were rare in this part of the country. It started as a day care centre in a rented two roomed accommodation at Holy Cross Villa, Red Hill Road, Laitumkhrach, Shillong with 2 students. Today, the centre reaches out to over 100 students daily. The school building stands on land donated by the Congregation of Christian Brothers at Lady Veronica Lane, Laitumkhrach, Shillong. The building was funded by Light for the World, an Austrian funding agency and The Ministry of Tribal Affairs, Govt. of India.

We dream.....

To better the Quality of Life of Persons with Disability, through inclusion in the Community, Equal Opportunities and Advocacy of Rights.

We work towards this by.....

Providing Direct Services in the form of Assessment, Special Education, Physical and Speech Therapy, Vocational training and Counselling with the aim of facilitating maximum personal development and integration in the community.

Facilitating Positive Awareness in the area of disability.

Promoting Self Advocacy by empowering persons with disabilities and their families.

Stressing the importance of **Quality of Life** of Persons with Disabilities and their families.

We work with.....

Persons with Cerebral Palsy, Mental Retardation, Autism, Multiple Disability, Learning Disability and Locomotor Disabilities between the ages groups of 0 to 18 years

MEET ETHANIO

Ethanio came to Mary Rice Centre in April 2013 at the age of 4 yrs and had all the symptoms of Autism. He was already attending a mainstream school but was referred to our centre by the headmistress of his school. He was having difficulties in learning, was very hyper-active and unable to sit still or attend to any task for more than 2/3 minutes. He spoke very less and his speech was unclear.

He started support class after school at Mary Rice Centre in April 2013 and with Structured Teaching and following the PECS programme, he began to show progress. He was assigned a "shadow teacher" in school to help him with his studies and other activities.

After a year of intervention, Ethanio can now follow simple instructions, express his needs at home and has started to verbally communicate with others. He is able to sit for about 20 minutes at a time and do his work. He can draw, copy, name and write numbers and read simple 3 letter words. He is coping quite well in mainstream school and we believe that with constant support, he will be able to remain there and finish his schooling.



MEET IADAMI

Iadami Langbang is a 17 yr old student with moderate intellectual disability. He joined Mary Rice Centre in 2006 when he was 9 yrs old and because of his condition his academic performance was not at par with his chronological age. He was shy and was not able to converse much in English. He was able to read simple sight words and do simple addition and subtraction sums. Over the years, with proper intervention in special education, Iadami showed major improvements. He now speaks, reads and writes in English and has also improved in his mathematical skills. He is very interested in sports and has participated in football and basketball tournaments held in and outside the state.

At present, he is in the Final yr of the Cookery and Catering class, a unit of the Vocational Training College. He can follow instructions, write down recipes, measure, cook, calculate and shop for ingredients as required independently. He can work as a team leader and delegate responsibilities to others in a group situation. Iadami looks forward to the future with confidence and hopes to do something with his life and make a living for himself. With support, he will be able to work in and eventually manage his own restaurant.



The Managing Committee (2012- 2015)

No.	Designation	Name
1	Chairperson	Mrs. N.R. Lyngdoh
2	Principal/Secretary	Mrs. Suparna Barua
3	Persons with Disability Representative	Mr. Milford Thangkiew
4	Parent Representative	Mr.Pherlang Marbaniang
5	Parent Representative	Mrs. Sushmita Hajong
6	Teacher Representative	Ms. Nostina Thein
7	Joint Secretary to Managing Committee	Ms. Adreena Kharshiing
8	General Body Representative	Ms. Sylvia Syiemlieh
9	Donor Representative	Ms. Mondakini Basu
10	Christian Brothers' Representative	Br. Augustine Jayraj
11	Member	Sr. Marlin Pinto
12	Member	Ms. Abigail Sohkhet

STAFF IN 2013

Name	Designation	Years of Service in MRCSE
1. Mrs. Suparna Barua	Principal , Special Educator	6years
2. Ms. Adreena Kharshiieng	Special Educator	13years
3. Ms. Mebapyntngen Fancon	Physio-Therapist	9 years
4. Ms. Audrey L.C. Massar	Special Educator and Basic Developmental Therapist	9 years
5. Ms. Delphinium Lyngdoh	Special Educator	8years
6. Mrs. Nostina Thein	Special Educator	10 years
7.Ms. Diamond Wankhar	Teacher	3 years
8 . Mrs. Angelina Kharnaryan	Teacher's Assistant	16 years
10. Ms. Berrilang Nongrum	Special Educator	6 years
11. Ms. Josephine Lyngdoh	Special Educator	2 years
12. Ms. Kyntiewlin Lyngskor	Special Educator	2 years

13 Ms. Charissa Rumnong	Physiotherapist	2 years
14. Mr. Hehbok Lyngdoh	Physiotherapist	1year
15. Ms. Collette Rynjah	Assistant Teacher	8 months
16. Mr. Benedict P. Shylla	Accountant	6 years
17. Mr. Prabodh Hajong	Office Assistant	11 years
18. Mrs. Stilinda Mawlong	Helper	23 years
19. Mrs. Blantina Marbaniang	Helper	13 years
20. Mrs. Margaret Nongrum	Helper	6years
21. Mrs. Evalynda Jyrwa	Helper	6 years
22. Mr. Charles Khongbri	Bus Driver	15 years
23. Larisha Kharlyngdoh	Helper	2 years
24. Philamon Warjri	Helper	1 year

SERVICES OFFERED

NATURE OF SERVICE	DESCRIPTION	AGE GROUP	NO.OF BENEFICIARIES
DIRECT SERVICES (Centre Based)	<ol style="list-style-type: none"> <li data-bbox="539 331 783 450">1. OPD , Early Intervention Programme and Baby Clinic <li data-bbox="539 600 783 689">2. School for Special Education in an Inclusive Setup. <li data-bbox="539 752 783 842">3. Support Services for Mainstream School students <li data-bbox="539 904 783 972">4. Vocational Training Unit <li data-bbox="539 1048 783 1093">5. Physiotherapy 	<p data-bbox="815 331 1110 360">0-6 yrs</p> <p data-bbox="815 600 1110 629">6-14 yrs</p> <p data-bbox="815 752 1110 781">5-10 yrs</p> <p data-bbox="815 904 1110 934">14-18yrs</p> <p data-bbox="815 1061 1110 1090">All age groups</p>	<p data-bbox="1134 331 1431 360">25</p> <p data-bbox="1134 584 1431 613">80</p> <p data-bbox="1134 763 1431 792">20</p> <p data-bbox="1134 904 1431 934">20</p> <p data-bbox="1134 1055 1431 1084">20</p>
HOME BASED SERVICES (URBAN)	Special Education, Physiotherapy, Speech Therapy and Counseling	All age groups	25
RURAL OUTREACH PROGRAMME (DOOR TO DOOR SERVICES)	Special Education, Physiotherapy, Speech Therapy and Counseling	0 to 14 yrs	56

STUDENT PARTICIPATION IN ACTIVITIES OUTSIDE SCHOOL

Date	Event	Organizers	Number of Participants
5 th April 2013	Annual Sports	Dwar Jingkyrmen	30
17 th May 2013	State Games	Special Olympics Bharat (Meghalaya Chapter	20
18 th May 2013	Drawing and Painting Competition	Office of the Divisional Forest Officer	18
5 th June 2013	Sit and Draw	St.Edmund's College	17
14 th September 2013	Musical Concert	Bethany Society	4
21 st September 2013	Late Eunice Kennedy Shriver Day	Special Olympics Bharat (Meghalaya Chapter)	20
28 th September 2013	National Painting Competition	Meghalaya State Council for Child Welfare	11
29 th Sept to 4 th Oct 2013	National Championship in Football in Haryana	Special Olympics Bharat	4
12 th -15 th March 2014	National Football Coaching Camp in Delhi	Special Olympics Bharat	2

OTHER ACTIVITIES IN 2013

1. Awareness workshops for teachers of mainstream schools on disability and inclusion.

6 Awareness Workshops on "Common Disabilities in Classrooms and Inclusion" were held from May 2013 to March 2014 covering 92 mainstream school teachers. The organizers and resource persons were special educators from Mary Rice Centre. These awareness programmes have shown positive results as students with learning difficulties were identified by these teachers in their respective schools and referred to us for an assessment. Some have joined the support class but continue to attend mainstream school as these schools are guided by our special educators in the planning and implementation of the IEPs of these students. This workshop was funded by Light for the World, Austria.

2. Study placement of 2 staff members to Kolkata

Two Special Educators, Ms. Audrey Massar and Ms. Josephine Lyngdoh went to Kolkata for 1 week for study placement in the 3 centres working with children with Autism Spectrum Disorder (ASD). They were given extensive training on how to work with these children and got an in-depth explanation in Applied Behaviour Analysis (ABA) and Assessment of Basic Language and Learning Skills (ABLLS) programmes used in teaching children with ASD. They also observed individual and group sessions using ABA through structured teaching. They learnt the importance of Parents participation for the progress and development of children with ASD. This training was funded by Light for the World, Austria.

3. Study placement of 2 staff members to Dehradun and Mussoorie

Two Special Educators, Ms. Delphinium Lyngdoh and Ms. Suparna Barua were placed in Centres run by the Latika Roy Foundation (LRF) and Arunima Project in Dehradun and Mussoorie for a week. They spent most of their time observing the work at the Early Intervention Centre 'Gubbara' run by LRF at the Doon Hospital and the College for Vocational Training. One day of observation was possible at the home for Adults with Autism run by the Arunima Project at Mussoorie. This training was funded by Light for the World, Austria.

4. Rural Outreach Project

Our Outreach Project, funded by Light for the World, Austria, covers children with disabilities (CWDs) in Sohryngkham, Nongkrem and Pamlakrai. Door to door services on a weekly basis are provided to 56 CWDs by our outreach team consisting of Special Educators and Physiotherapists till date. An awareness programme for mainstream school teachers on

"Inclusion and Disability" was held at Nongkrem so that they are more open to accepting the CWDs attending mainstream school there. Parents are also being trained to work with their child at home.

5. B.Ed SEDE Classes.

We are happy to report that we have started the B.Ed (Special Education) programme after being recognized as a study centre by the Rehabilitation Council of India (RCI) and the North Eastern Hill University (NEHU). 18 students were admitted this year. At the end of the course we hope to have trained professionals to work with children with disability. We have also started distributing admission forms for the next batch.

6. Training of 1 Teacher.

1 Assistant Teacher was admitted to the B.Ed SE-DE programme in 2013 for training to become a special educator. The duration of the course is 2 yrs. This training is sponsored by Light for the World.

7. World Autism awareness Day.

April 2nd is observed as World Autism Awareness day. In 2013 Mary Rice Centre participated in helping create awareness by holding a Poster Campaign. Flex posters with simple language and pictures related to Autism were printed and put up at different public places. This campaign had a positive effect as children with Autism Spectrum Disorder were referred to our centre after people read these posters.

8. Workshops for Parents.

A 2 day workshop was held for parents of children with Cerebral Palsy(CP) and Autism Spectrum Disorder(ASD) on the 20th and 21st March 2014 respectively .There were altogether 52 participants. The resource persons were physiotherapists and special educators trained for working with children with ASD from Mary Rice Centre. Power point presentations were given to make them aware about the general characteristics, causes, preventive measures and intervention of CP and ASD. Parents observed individual and group sessions taken for children with ASD. At the end there were group discussions on issues related to the topics and many doubts were clarified. The parents found the workshop beneficial and requested for more to be organized in the future. These workshops were funded by Light for the World, Austria.

9. Siblings Workshop.

Mary Rice Centre organized 2 Siblings workshops and the 1st Siblings Workshop on 29th June 2013 for siblings in the age group of 8-13 yrs and the 2nd workshop on the 14th

December 2013 for siblings in the age group of 14-18 yrs. There were altogether 100 siblings participating from 4 special schools i.e Dwar Jingkyrmen, Jyoti Sroat Inclusive School, School and Centre for the Hearing Handicapped and Mary Rice Centre for Special Education. The resource persons were Special Educators and Physiotherapists and Social workers from Mary Rice Centre. These workshops were funded by Light for the World, Austria.

10. Fundraising

Our fundraising event for this year, the Raffle Draw, has gone well. The parents have helped us procure the prizes and sell the tickets of the draw.

11. School Week

School Week was organized at Mary Rice Centre from the 26th August '13 to 30th August'13. The students participated in all the events with great fervor and enthusiasm. All the activities included were done within school timings. As the students belonged to 3 different House Teams there was a lot of competition to do well. The students showed their creative side and talents while performing the different activities which included individual events like painting, drawing, singing, dancing, flower arrangement and cooking. There were team events involving games like filling the glass with water, building blocks, basketball, march past and the school drill. Many students also took part in the fancy dress competition. At the end of the week when the results of all the events were declared. The Green Team emerged the winners and lifted the School Trophy.

Thank You!!!!

1. The Ministry for Social Justice and Empowerment, Govt. of India
2. Department of Education, Government of Meghalaya (SSA Programme)
3. Light for the World, Austria
4. Department of Social Welfare, Government of Meghalaya
5. The Congregation of Christian Brothers, The Provincialate, St. Columba's, New Delhi and St. Edmund's, Shillong.
6. Yasodha Charitable Trust, New Delhi, who provided us with the vehicle for the Outreach Programme
7. The Ministry of Tribal Affairs, Govt. of India.
8. Dept. of Planning, Govt. of Meghalaya.
9. Our Volunteers, Donors and Sponsors.
10. Schools and Colleges who support Inclusion.
11. All our well wishers and friends

Please continue to support us and our cause.